

Buckwalter Recreation Center  
843-255-6710

Open M-F, 8am-8pm  
Sat, 8am-4pm  
Sun, 8am-4pm



✉ Subscribe to our weekly emails! ✉

To register, get prices, and see hours of operation

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Gentle Yoga for Strength, Flexibility & Relaxation - Looking for a low-impact, stress-free way to stay active? Gentle Yoga is perfect for men & women who want to improve flexibility, mobility, and overall well-being without strain or discomfort.

Saturdays at Buckwalter Rec Center | 8:15 AM - 9:15 AM | Recommended time of arrival: 8:00 AM

☐ Pay just \$5 at the front desk using cash, Visa, Discover, or Mastercard

☐ Sign Up & Save Time! Create a FREE RecDesk account with us for quick & easy payments—no hassle, no delays when you arrive the first time!

☐ No class June 14, June 21, July 5, or October 4

Adult Aerobics • Adult Baseball • Adult Dance Classes • Adult Fitness Classes • Adult Soccer • Adult Basketball  
Adult Softball • Adult Water Aerobics • Adult Volleyball • Adult Kickball • Adult Swim Lessons • **Adult Yoga Classes**  
Adult Tennis Lessons • American Red Cross Lifeguard, CPR & First Aid, Water Safety Instructor Classes • Scuba Certification  
Weight Rooms • Room Rentals • Field, Court, Facility, Playground, and Pool Rentals • Indoor & Outdoor Basketball Courts  
Tennis Courts • Pickleball Courts • Youth Basketball • Youth Baseball • Youth Softball • Youth Flag Football • Youth Lacrosse  
Youth Soccer • Youth Martial Arts • Youth Cheerleading • Youth Swim Lessons • Youth Summer Camps • Special Events  
Sponsorship Opportunities • Community Instructor Opportunities • Walking Paths and Tracks • Dog Parks • Skate Park  
Referee & Official Training Opportunities • Slip & Splash Inflatable Obstacle Courses • Ninja Courses • Swim Teams  
Indoor & Outdoor Pools • 60 & Better Senior Programs • Volunteer Coaching Opportunities • Employment Opportunities