

# May

2024

Bluffton Senior Center

## 60's & Better Program




“May means long walks in the evenings, eating outside in the garden (whenever possible) and lots of healthy, fresh salads to use up all the lovely summer veg that’s available.” — Sophie Morris

Tillotson Gadsden

Bluffton Senior Program Supervisor (Work Cell 843-929-7162)

\*Highlighted=Group Outing \*Event Subject to Change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Senior Appreication Day	2 Cards + IDA Closet (Campbell Church)	3 Theater Movie + Popcorn	4 
5 	6 Fresh Conversation (Cancer Preventive Not Inevitable) + Bingo	7 Sprenger Health Care (Exercise & Lunch) 11am	8 Bingo + Tablet Training + Camp AME (Produce)	9 World Trivia + Sequence Game	10 Paint & Sip (Flowers)	11 
12 	13 Bingo + Bible Study	14 World Baking Day Cookies Baking Class	15 Bingo + Tablet Training + Camp AME (Produce)	16 Cards + IDA Closet (Campbell Church)	17 Tanger Outlets + Savannah Lunch	18 
19 	20 Lauren Shape Up (Pilates) + Bingo	21 Hilton Head Senior Fair All St-Epis Church 1-3pm	22 Bingo + Tablet Training + Camp AME (Produce)	23 Sprenger Health Care (Arts & Crafts) 10am	24 World Trivia + Gardening (Weather Permitting)	25 
26 	27 Bingo + Senior Corn- Hole	28 Bluffton Self Help + Cards	29 Charleston Tea Factory (John's Island)	30 Bluffton Farmers Market + Park Day	31 May Birthday	