

60 & Better  
 St. Helena Senior Center  
 843-541-1536



Terry Dortch – Program Supervisor  
 Hours: 8AM – 4PM (Mon – Fri)  
 \*\*Activities are subject to change\*\*

2026																															
Sun	Mon	Tue	Wed	Thu	Fri	Sat																									
	2 <b>Mix Match Day</b> Tell a Joke & Chair Exercises	3 <b>Name that Tune &amp; Family Feud</b> 	4 <b>Bingo &amp; Card Games</b>	5 <b>Mardi Gras Party</b>  *Wear purple, green and gold*	6 <b>Tablet Day &amp; Board Games</b>	7																									
8	9 <b>Bean bag toss &amp; Chair Exercises</b>	10 <b>African American Museum @ Charleston</b>	11 <b>Board Games &amp; BINGO</b> <table border="1" data-bbox="961 732 1146 857"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	12 <b>Buckee's @ Brunswick</b>	13 <b>Essential Shopping &amp; Tablet Day</b>	14 
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15	16 <b>Closed</b> 	17 <b>Bingo AKA Sorority &amp; Card Games</b>	18 <b>Mardi Gras Party At Burton Wells GYM</b>	19 <b>Crazy Hat Day Treasure Hunt &amp; Bean Bag Toss</b> 	20 <b>Pity Pat Tournament &amp; Tablet Day</b>	21																									
22	23 <b>Crazy Socks Day Walking Club &amp; Fresh Conversation "Healthy Food, Healthy Brain"</b>	24 <b>Farmer's Market, Thrift Store Shopping &amp; Lunch @ Bluffton</b>	25 <b>Card Games &amp; BINGO</b> <table border="1" data-bbox="961 1203 1146 1344"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	26 <b>Northwoods Mall &amp; Lunch @ Charleston</b>	27 <b>Essential Shopping &amp; Pity Pat Tournament</b>	28
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