

Dale Community Center 60 & Better Program 29 Community Center Rd. Seabrook, SC 29940 843-255-6786 Hessley Ferguson Dunnell Program Supervisor 843-986-4407

2024

## \*\*All activities are subject to change\*\*

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|--|--|---|---|---|
|  |   |  | 1<br>Mix and Mingle with<br>Booker T Washington<br>Center at Dale Center       | BINGO Scattergories   | Fresh Conversations "Cancer: Preventable, Not Inevitable"  Bird house craft | 4   |
| 5<br>National Women's<br>Health Week                           | 6 Book Mobile (11 a.m.) Line Dancing  | 7 BINGO! Seated Exercise                         | Fresh Conversations "Cancer: Preventable, Not Inevitable" Let's go for a walk! | 9<br>Strawberry Picking at<br>Barefoot Farms and<br>lunch at Beedo's on St.<br>Helena | Movie and Popcorn Day!  Movie TBD   | 11  |
| 12<br>National Vegetarian<br>Week                              | 13<br>Let's bake together, it's<br>National Apple Pie Day!<br>Seated Exercise | 14  Bowling at Station 300  with Burton Wells!** | Gardening Zumba Scattergories  | BINGO!  Board Games   | 17<br>Sewing? Puzzles? Board<br>games? Coloring?<br>YOU CHOOSE!             | **We will be leaving Dale at 10:30 a.m. \$4 shoe rental + \$2.75/game + lunch |
| 19<br>National Salsa Month!<br>National Backyard<br>Games Week | 20<br>Book Mobile (11 a.m.)<br>Salsa making!                                  | BINGO! Wiffle ball toss                          | Shopping to at Sam's Club  | BINGO!  Tower Topple  | American Idol: Dale<br>Edition (Karaoke)<br>Water balloon toss              | 25  |
| 26   | CLOSED for<br>Memorial Day  | 28 BINGO! Corn Hole                              | 29<br>Guided Painting<br>Board Games/Cards                                     | 30<br>BINGO!<br>Seated Yoga   | 31<br>Virtual tour of Barcelona<br>Scattergories                            |   |