



MAY 2025



Sunday 18

Monday

Tuesday

Wednesday

Thursday

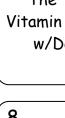
Friday

Saturday



Fresh Conversation: The "Sunshine" Vitamin & Connection w/Depression







Cinco De Mayo DIY Sombreros

Healing Springs in Blackville, SC Lunch Outing

Workout Wednesday Zumba w/ Shanese at 1200 \$5



Pamper Me Pretty Mother's Day Brunch

Mr. Burke's Birthday

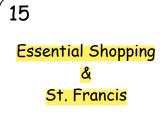


12

Boots on the Ground @ Burton Wells

14

Medicare 101 with a Twist Presentation with Pace Goodway @ 1030 BINGO



17

19

Pictionary Board Games

Chair Exercise

Word Search

20

13

Dempsey Farms U-Pick Strawberries 21

Workout Wednesday Zumba w/ Shanese @ 1200 \$5 Social Hour

22

Arts & Crafts Card Games



24

25



27

Bluffton Self Help Thrift Shopping Lunch Outing

28



29

Chair Basketball Social Hour

30



31

Charles "Lind" Brown 1001 Hamar Street Beaufort, SC 29902 DeAnna Abner **Program Supervisor** (843) 812-6196

Trips Departure Times May 6th: 9:00 am May 15th: 10:00 am May 20th: 10:30 am May 27th: 8:15 am

Reminders: Mother's Day Brunch Bring a dish