

60 & Better  
 St. Helena Senior Center  
 843-541-1536

# March

Terry Dortch – Program Supervisor  
 Hours: 8AM – 4PM (Mon – Fri)  
 \*\*Activities are subject to change\*\*

2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Senior note: Please remember to sign attendance and meal reservation sheets</i>	2 Ax Throwing Tournament & Word Trivia	3 Moment in Women History & Word Trivia	4 Bingo & Card Games	5 Bean Bag Toss & Chair Exercises	6 Essential Shopping & Board Games 	7
8 	9 Fresh Conversations "Macular Degeneration: Sight-Saving Strategies" Checkers & Scrabble Games	10 Royal Cinema & Cheddars for Lunch @ Pooler, GA	11 Board Games 	12 Name that Tune & Ax Throwing Game Appreciation Day 80 & Above 	13 Crazy Hat Day Tablet Day & Pity Pat Tournament	14
15	16 Treasure Hunt & Chair Exercises & Board Games	17 Bowling & Jim-N- Nicks for Lunch @ Bluffton, SC 	18 AKA Bingo & Card Games 	19 Mix-Match Day Memory Trivia & Teasure Hunt	20 Essential Shopping & Pity Pat Tournament	21
22	23 Ax Throwing Tournament & Word Trivia	24 Bean Bag Toss & Word Search Race & Chair Exercises	25 Board Games & 	26 Thrift Store Shopping & Lunch @ Bluffton, SC	27 Tablet Day & Card Games	28
29	30 Crazy Socks Day Word Challenge & Family Feud	31 Bluffton Self Help & Lunch	Women's History Month 		Berkeley Industrial Engineering & Operations Research  WOMEN'S HISTORY MONTH	