


**CHARLES LIND BROWN
SENIOR CENTER
60 & BETTER**

APRIL

2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning meeting 10:15a – 10:40a Social hour/Activity 11:00 – 12:00 Group Dining –12:00p	1) SLOGAN TRIVIA & MEMORY GAME	2) CARD GAMES & BOARD GAMES	3) GYM ROUTINE DEVELOPMENT & CHAIR EXERCISE	4) TRIP TO HAMPTON W/ BURTON WELLS	5) BINGO & COMMUNITY TALK	6)
7)	8) Board Games & Cornhole 	9) EXERCISE ROOM & STRETCHING ROUTINE	10) PICKLEBALL TRAINING & GYM ACTIVITIES	11) FRESH CONVERSATIONS: BREAKING NEWS, EGGS ARE GOOD FOR YOU & slogan trivia games	12) BINGO & CARD GAMES	13)
14)	15) ESSENTIAL SHOPPING (DOLLAR GENERAL)	16) POOL TOURNAMENT & INTRO. TO POKER	17) PICKLEBALL TRAINING & GYM GAMES	18) Memory & slogan trivia games	19) BINGO & CARD GAMES	20)
21)	22) DOMINOS & BOARD GAMES	23) ARTS & CRAFT & COLORING CHALLENGE	24) CARD GAMES & BOARD GAMES	25) WORD GAME (FINISH THE STATEMENT) & Chair Exercise	26) BINGO & SPORTS TALK	27)
28)	29) Gym games & Exercise Room	30) HEALTHY CONVERSATION (SUGAR & SALT) & Cornhole		Terry Dortch- Program Supervisor 843)592- 1148 1001 Hamar Street Beaufort, SC 29902 Hours: 9am – 4pm (Monday- Friday)		** Activities are subject to change**

