

September

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Booker T Washington Senior Center	1 Silver Sneakers Painting with Watercolors	2 Fresh Express USCB	3 *** Meet and greet with Port Royal center ***	4 Ridgeland Thrifting and Shopping	 5
 6	7 Labor Day Center Closed	8 Bingo Seated Exercises	9 Salvation Army	10 Bingo Seabrook Food Distribution	11 Free Friday; Board games, Puzzles, Activity Sheets...	 12
 13	14 Bingo Dominoes	15 Silver Sneakers Fall Wreath Crafting	16 Sit and Stay Fit with Ty	17 Bingo Scattergories	18 Healing Springs Blackville SC	 19
 20	21 Bingo Painting with Watercolors	22 Fresh Express Bluffton	23 Bingo Nourish to Flourish SC Focus on Protein	24 Manna House	25 Bavarian bag craft Malnutrition Education Bingo	 26
 27	28 Bingo Good Nutrition Trifold Distribution	29 Beaufort Thrifting and Lunch	30 Oktoberfest Jewelry making Ax throwing	Program Supervisor Sandra Stanfield 843-605-3422	*All Activities Subject to Change	