

April

2024

Bluffton Senior Center

60's & Better Program

“Is the spring coming?’ he said. ‘What is it like?’ ... ‘It is the sun shining on the rain and the rain falling on the sunshine, and things pushing up and working under the earth.’” — Frances Hodgson Burnett, “The Secret Garden”

Tillotson Gadsden

Bluffton Senior Program Supervisor (Work Cell 843-929-7162)



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--------------------------------------|---|
|  | 1 Lauren Shape Up Yoga + Bingo | 2 Fresh Conversation (Eggs are Good for You) | 3 Camp Church (Fresh Produce) + Bingo + Tablet Training | 4 Cornhole + Laps in the Gym | 5 Goodwill Shopping + Cards | 6  |
| 7  | 8 Bingo + Gospel Zumba | 9 Sprenger Health Care (Lunch + Exercise) | 10 Camp Church (Fresh Produce) + Bingo + Tablet Training | 11 Corn Hole Torn + Card Games | 12 Theater Movie + Popcorn | 13  |
| 14  | 15 Bingo + Lauren Shape Up: Pilates | 16 Arts & Crafts + Sequence Game | 17 Camp Church (Fresh Produce) + Bingo + Tablet Training | 18 Gospel Zumba + Cards | 19 Senior Outing (Omelet Café) | 20  |
| 21  | 22 Earth Day Presentation + Bingo | 23 Bible Study + Cards | 24 Camp Church (Fresh Produce) + Bingo + Tablet Training | 25 Sprenger Health Care (Arts & Craft) | 26 World Trivia + Laps in Gym | 27  |
| 28  | 29 Bingo + Lauren Shape Up: Yoga | 30 Bluffton Self Help + Cards | | | |  |