

Charles Lind Brown
Senior Center
60 & BETTER



2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Daily Activities Morning Devotion 10:00 – 10:15 Social hour 11:00 – 12:00 Group Dining – 12:00</p>	<p>Faranica (Vedah) Reynolds- Program Supervisor 1001 Hamar Street Beaufort, SC 29902 Hours: 8am – 4pm (Monday- Friday) (843) 929-2546 *CALENDAR IS SUBJECT TO CHANGE</p>			<p>1) Essential Shopping (bus leaves @9:30) Round table discussion (bus leaves @ 10a)</p>	<p>2) B-I-N-G-O FUN n Games</p>	<p>3)</p>
<p>4)</p>	<p>5) Scattergories Chair exercise</p>	<p>6) HIDDEN PICTURE WORKSHEET Card Games</p>	<p>7) Thrift Store Shopping (Beaufort) w/ Burton Wells (bus leaves @ 10a) & LUNCH AT SEASIDE BAR & GRILL</p>	<p>8) CHAIR EXERCISE CRAFT</p>	<p>9) B-I-N-G-O FUN n Games</p>	<p>10)</p>
<p>11)</p>	<p>12) B-I-N-G-O Cornhole</p>	<p>13) Let's Moving ZUMBA Q-tip Painting</p>	<p>14) BEAUFORT STATION SHOPPING (bus leaves @ 10a) Lunch @ the center</p>	<p>15) Color By Number Word Search</p>	<p>16) B-I-N-G-O FUN n Games Donation Breakfast</p>	<p>17)</p>
<p>18)</p>	<p>19) Fresh Conversations: The "sunshine" vitamin & the connection with depression</p>	<p>20) B-I-N-G-O Open Conversation</p>	<p>21) Let's Get Moving WALK THE SANDS Port Royal, SC (bus leaves at 9a)</p>	<p>22) CHAIR EXERCISE CRAFT CORNHOLE</p>	<p>23) Brown Bag Blues Morris Center for Lowcountry Heritage \$5 (Bus leaves @9:30a)</p>	<p>24)</p>
<p>25)</p>	<p>26) B-I-N-G-O Chair Exercise</p>	<p>27) Bluffton Self Help Farmers Market & Walmart w/ Burton Wells (bus leaves @ 10a)</p>	<p>28) WATER AEROBICS Beaufort High Pool w/ BURTON WELLS \$5 (bus leaves at 9a)</p>	<p>29) CRAFT WORD GAMES ON YOUTUBE</p>	<p>30) B-I-N-G-O FUN n Games</p>	<p>31)</p>

