









St. Helena Island  
Senior Center  
60 & BETTER

# October

2024  
Terry Dortch-Program  
Supervisor

(843) 541-1539  
Hours: 8AM – 4PM (Mon – Fri)  
\*\* Activities are subject to change\*\*

October 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1  Word Search and Painting	2  Bingo and Social Day	3  Fresh Conversation "Colorful Plate" and Essential Shopping	4  Board Games and Slogan Trivia	5
6	7 Memory Games and Short Stories	8 Healthy Conversation "Fried Foods: Good or Bad?"	9  Bingo and Social Day	10 Chair Exercise and Cornhole	11  Bible Trivia and Tell a Joke Day	12
13	14  Tablet Day and Coloring Challenge	15 Farmer's Market In Hilton Head 	16  Bingo and Social Day	17 Essential Shopping and Card Games 	18  Arts and Crafts and Corsage Making	19
20	21  Memory Games and Search the Scripture	22  Community Talk and Parade Planning	23  Bingo and Social Day	24 Chair Exercise and Board Games	25 Short Stories and Memory Games	26
27	28 Search the Scripture and Crossword Challenge	29 Painting and Complete the Statement	30 Paint and Paradise In Port Royal \$15.00	31  Memory Slogan and Chair Exercise		