

February

Dale Community Center
60 & Better Program
25 Community Center Rd.
Seabrook, SC 29940
843-255-6786

Hessley Ferguson Dunnell
Program Supervisor
843-986-4407

2026

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Valentine's Wreath/Door Sign Seated Yoga	3  Line Dancing	4 Valentine's Wreath Cont. Seated Exercise	5 Manna House in Rincon	6  Scattergories	7
8 	9  Fresh Conversations: Healthy Food, Healthy Brain	10 Decoupage Craft Activity Sheets Seated Exercise	11 Sit and Stay Fit with Ty at Burton Wells Food distribution at Salvation Army	12  Corn Hole Coloring Pages	13 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	14 
15	16  LOTS OF ONLINE ACTIVITIES	17  Herd Mentality	18 Mardi Gras Party at Burton Wells	19  Seated Exercise	20 Make your own sugar scrub Seated Exercise	21
22	23  Po-Ke-No	24 Fresh Express in Bluffton	25  Scrabble BINGO	26 Where Ya Bin? in Charleston	27 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	28

Birthdays:

Lillian Toomer- Feb. 16th

Peggy DeVeaux- Feb. 26th