

May

2026

Bluffton / Hilton Head Senior Center

60 & Better Program

"Another May new buds and flowers shall bring; Ah! why has happiness no second Spring? -Charlotte Smith












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Highlighted = Outing - Events are Subject to Change (Weather P.)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3					1 Chill Day Cards & Games	2 
 4	4 Lauren Shape Up(Pilates) & Bingo	5 Fresh Conversation "Eating Out and Eating Healthy"	6 Bingo+ Camp AME Church (Produce)	7 Games Day & Painting	8 St James Baptist Church (Senior Greeting) Hilton Head	9 
 10	11 Lauren Shape Up(Yoga) & Bingo	12 Saint Helena Mix & Mingle (Saint Helena- Terri)	13 Lowcountry Seniors 101 Conference (Yemassee)	14 Arts & Craft (Senior Edition)	15 Axe Throwing + Games	16 
 17	18 Port Royal Mix & Mingle (Port Royal)	19 " Beaufort Memorial" Health Check + Games	20 Bingo+ Camp AME Church (Produce)	21 Tilly's BDay + Ida Closet (AME Church)	22 Theater Day (Movie & Popcorn)	23 
 24	25 Closed	26 Bluffton Self Help + Cards	27 Bingo+ Camp AME Church (Produce)	28 Movie Day (Senior Center)	29 Gullah Heritage Tour + Fish Fry (Hilton Head)	30 
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