|  |  |
| --- | --- |
| March 2024 | Dale Community Center 60 & Better Program Hessley Ferguson Dunnell15 Community Center Rd. Program SupervisorSeabrook, SC 29940 843-986-4407843-255-6786 |
| Happy Women’s History Month  |  |
| \*All activities are subject to change\* |  |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| HAPPY BIRTHDAY! |  |  |  |  | 1 | 2  |
| 7th- Ms. Helen22nd- Ms. Cynthia |  |  |  |  | Guided MeditationMovie and Popcorn Day“Hidden Figures” |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|  | Easter Wreath CraftLINGO | Bowling at Station 300 \* | Glitter art craftScattergories Flyswatter Tennis | Bingo!Silver Sneakers exercise | Fresh Conversations: “Where’s the Cheddar?”Women’s History Jeopardy |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | **Book Mobile**Bingo!Catchphrase | National Plant a Flower Day! (Planting)Create a quilt (paper) | Virtual Tour of IrelandSt. Patrick’s Day craft | Bingo!Pi Day activity | Shopping in Pooler and Lunch at Chicken Salad ChickHappy Birthday Ms. Viola! |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  | Heads up!SewingCorn Hole | Visit the Angel Tree on John’s Island | Bird House paintingMarch Birthday celebration | Bingo!Seated exercise | Sewing? Puzzles? Board games? Coloring?YOU CHOOSE! |  |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | **Book Mobile** Let’s take a walk! Community Center Rd clean up | Bingo! Seated Exercise | SENIOR PROGRAMSPRING FLING at Burton Wells  | Bingo!Corn Hole | CENTER CLOSEDGood Friday |  |
| 31 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

\*$4 for shoe rental + $2.75/game + Lunch