

SCOTT SENIOR CENTER

60 & Better

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00	Mary G. Bolles – Program Supervisor Scott Senior Center - Gloria Potts Community Center 130 Seaside Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 929 - 7149					1) Fall Back 1 Hour 
 SVG EPS DXF PNG PDF JPG	3) Game Shows Word Search Family Feud Game Sew for What You Know	4) Talk Turkey Riddles Sit & Be Fit B-I-N-G-O	5) FIELD TRIP  Senior Day Ladson, SC	6) Penn Heritage Trivia Essential Shopping Word Search B-I-N-G-O	7) FIELD TRIP IGA / OLLIES Essential Shopping Walterboro, SC	8) Penn Center Heritage Days 
9) 	10) Fresh Conversations Topic: Should You Worry About Vitamin D Deficiency? Hidden Pictures B-I-N-G-O	11) VETERANS DAY  HONORING ALL WHO SERVED CENTER CLOSED	12) Alzheimer's Awareness Presentation Veterans Day Word Search B-I-N-G-O	13) FIELD TRIP  Charleston, SC	14) Diabetes Word Search Fall Suncatchers Craft Beanbag Toss	15) 
16) WANTED  A CURE for Alzheimer's Disease REWARD	17) Motown Monday Exercise Color By Number Beanbag Toss	18) FIELD TRIP Mix & Mingle at St. Helena Center B-I-N-G-O	19) GO TEAM! Coloring Sheet WEAR YOUR FAVORITE FOOTBALL JERSEY Chain Reaction	20) FIELD TRIP Franciscan Center St. Helena Island, SC Lunch @ the Center	21) Thanksgiving Seek & Find Sew for What You Know B-I-N-G-O	22) 
THE MORE GRATEFUL I AM, THE MORE beauty I SEE. - MARY DAVIS	24) Adult Coloring Name Exchange for Christmas Gifts B-I-N-G-O	25) 50 Words from HARVEST Chair Exercise Thanksgiving Pictionary	26) Adult Coloring Sew for What You Know Card & Board Games			29) “Gratitude unlocks the fullness of life.” Melody Beattie, The Language of Letting Go
						

THANKSGIVING

WORD SEARCH



Find and circle the following words.

FALL
PUMPKIN
SEASON

THANKFUL
LEAVES
PIE

PILGRIM
TURKEY
CASSEROLE

GAMES
FOOD
FAMILY



Q	B	T	H	A	N	K	F	U	L
Y	C	A	S	S	E	R	O	L	E
E	G	A	P	I	E	J	F	C	A
K	A	L	B	A	G	N	A	F	V
R	M	E	F	S	I	F	M	O	E
U	E	D	O	K	O	A	I	O	S
T	S	O	P	N	T	L	L	D	Y
S	J	M	D	S	Y	L	Y	E	X
G	U	M	E	S	E	A	S	O	N
P	I	L	G	R	I	M	T	Z	W

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What's the most musical part of a turkey?



The drumstick.

DASH Diet



Bananas



Skim milk



Broccoli



Almonds



Brown rice



Berries



Low-fat yogurt



Whole grain pasta



Grilled chicken