


**CHARLES LIND BROWN  
SENIOR CENTER  
60 & BETTER**

**MAY**

**2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Daily Activities</b> Morning meeting 10:15a – 10:40a Social hour/Activity 11:00 – 12:00 Group Dining –12:00p	Terry Dortch- Program Supervisor 843)592-1148 1001 Hamar Street Beaufort, SC 29902 Hours: 9am – 4pm (Monday- Friday)		1) <b>Senior Day</b>	2) SLOGAN TRIVIA & MEMORY GAME	3) <b>BINGO &amp; Board Games</b>	4)
5)	6) <b>TV TRIVIA &amp; HISTORY TRIVIA</b>	7) <b>GYM ROUTINE &amp; CHAIR EXERCISE</b>	8) PICKLEBALL TRAINING & GYM ACTIVITIES	9) <b>FRESH CONVERSATIONS:</b> CANCER: PREVENTABLE; NOT INVITABLE & slogan trivia games	10) <b>BINGO &amp; CARD GAMES</b>	11)
12) 	13) <b>POOL TOURNAMENT &amp; INRO. TO POKER</b>	14) <b>ESSENTIAL SHOPPING (DOLLAR GENERAL)</b>	15) <b>WORD GAME (FINISH THE STATEMENT)</b>	16) ARTS & CRAFT & <b>COLORING CHALLENGE</b>	17) <b>BINGO &amp; BOARD GAMES</b>	18)
19)	20) <b>DOMINOS &amp; BOARD GAMES</b>	21) <b>TABLE TENNIS &amp; POOL TOURNAMENT</b>	22) <b>CARD GAMES &amp; BOARD GAMES</b>	23) <b>WORD GAME (FINISH THE STATEMENT) &amp; Chair Exercise</b>	24) <b>BINGO &amp; CARD GAMES</b>	25)
26)	27) Stretching routine & Exercise Room	28) SLOGAN TRIVIA & MEMORY GAME	29) <b>PICKLEBALL TRAINING &amp; GYM ACTIVITIES</b>	30) <b>POOL TOURNAMENT &amp; INRO. TO POKER</b>	31) <b>BINGO &amp; CARD GAMES</b>	<b>** Activities are subject to change**</b>