

July

Dale Community Center
60 & Better Program
25 Community Center Rd.
Seabrook, SC 29940
843-255-6786

Hessley Ferguson Dunnell
Rec Leader II
843-986-4407

2026

** All activities are subject to change**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fresh Express at USCB (Bluffton)	2 Paint by Number Seated Exercise	3 CENTER CLOSED 	4 
5 	6  Bracelet Making	7 Scattergories Seabrook Food Distribution (2 p.m.)	8 Salvation Army (9:30) Book Mobile Cross Stitch Activity	9  Balloon Volleyball	10 Mirasol Health Activity (10:30)	11 
12 	13  Decoupage Craft	14 Nourish to Flourish SC: Bright Bites: Fruits and Veggies for Vitality	15  Pool Noodle Hockey	16 Manna House in Rincon	17 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	18 
19 	20 Movie Monday Mandala Suncatcher	21  Nutrition Workshop at 12:30	22 Tie Dye Craft Activity Sheets	23  Seated Exercise	24 Shopping in Walterboro	25 
26 	27 Resin keychain Craft Corn Hole	28  Seated Exercise	29 Crabbing at Seabrook Pier	30  Tumbler Craft	31 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	