

SCOTT SENIOR CENTER

60 & Better



2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00		1) Breast Health BMH Women's Center Presenter: Jenni Kushneriet B-I-N-G-O Wear PINK Day	2) Breast Cancer Awareness Word Scramble Name that Tunes Beanbag Challenge	3) Fresh Conversations Topic: Colorful Plate Wear PINK Day B-I-N-G-O	4) Karaoke Sing-Along Family Feud Game	OCTOBER BREAST CANCER AWARENESS MONTH
6) FIRE PREVENTION WEEK 	7) Breast Health Awareness Label Pins Craft Fire Prevention Word search	8) Rhythm Chant Game Things that are PINK Cryptogram Puzzle	9) PINK Ribbon Color Sheet Work it Out Wednesday B-I-N-G-O	10) Adult Coloring Wear PINK Day MOVIES AND POPCORN	11) Fresh Produce Distribution St. Helena Elementary School 9-11 A.M World Egg Day B-I-N-G-O	12) Cooking safety starts with you. Pay attention to fire prevention!
13) OCTOBER IS EMOTIONAL WELLNESS MONTH	14) FIELD TRIP HOLIDAY FARMS Pumpkin Patch Ridgeland, SC Wear GOLD T-Shirt	15) Global Handwashing Day Wear PINK Day B-I-N-G-O Beanbag Challenge	16) National Mammography Day FIELD TRIP Ollies & IGA Stores Walterboro, SC Wear PINK T-Shirt	17) Secondary Enrollment Evaluation Presenter: Joel Iacopelli MEDICARE BENEFITS WORD SEARCH B-I-N-G-O	18) Chit-Chat, Chew CARD & BOARD GAMES Tea & Crackers Social	19) 2024 Medicare Open Enrollment Begins Oct. 15
20) NATIONAL RED RIBBON WEEK OCTOBER 23-31 	21) BLOOD PRESSURE ✓ Lady's Island Fire Department Motown Monday Chair Exercise Wear something RED every day this week	22) OPEN ENROLLMENT LCOG – DIESHA HICKS B-I-N-G-O How Many Words Can You Make from MEDICARE	23) Hidden Pictures Challenge WALK with EASE Chain Reaction Game	24) Wear PINK Day FIELD TRIP Blackville Healing Springs Blackville, SC	25) National Lasagna & Breadstick Day Healthy Food Word Search B-I-N-G-O	26) HAPPY OCTOBER
27) Do more of what makes you happy 	28) National Chocolate Day FIELD TRIP CHOCOLATE TREE Beaufort, SC	29) Halloween Word Scramble CHAIR YOGA B-I-N-G-O	30) Musical Chairs Fall Songs Sing-Along Tablet Techin'	31) October Celebrants! Queen Pinckney – 1st Lucy Campbell – 6th Dorothy Capers – 17th Poullette McKee - 29th B-I-N-G-O	Mary G. Bolles – Program Supervisor 242 Scott Hill Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 476-6907 ** EVENTS ARE SUBJECT TO CHANGE **	

Senior Notes:



Breast Cancer Awareness

E	M	R	I	Y	M	O	T	C	E	P	M	U	L
Y	B	I	O	P	S	Y	S	C	G	A	L	Y	Y
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N	Y	D	Y	N	T	S	P	B	L	X	M	T	A
C	T	N	E	S	T	R	O	G	E	N	P	O	R
O	O	S	E	N	O	M	R	O	H	A	H	M	E
L	T	Y	L	Y	M	P	H	N	O	D	E	S	H
O	O	P	A	L	P	A	B	L	E	U	D	L	T
G	X	S	S	I	S	A	T	S	A	T	E	M	O
I	I	O	M	A	S	T	E	C	T	O	M	Y	M
S	C	A	I	S	A	L	P	O	E	N	A	S	E
T	O	O	P	H	O	R	E	C	T	O	M	Y	H
Y	E	U	S	S	I	T	L	A	M	R	O	N	C
C	L	I	N	I	C	A	L	T	R	I	A	L	S

CLINICAL TRIALS
 NEOPLASIA
 CYST
 HORMONES
 LYMPHEDEMA
 CYTOTOXIC
 LYMPH NODES
 LUMPECTOMY
 NORMAL TISSUE
 CHEMOTHERAPY
 OOPHORECTOMY
 MASTECTOMY
 ONCOLOGIST
 PALPABLE
 BIOPSY
 METASTASIS
 ESTROGEN
 MRI

