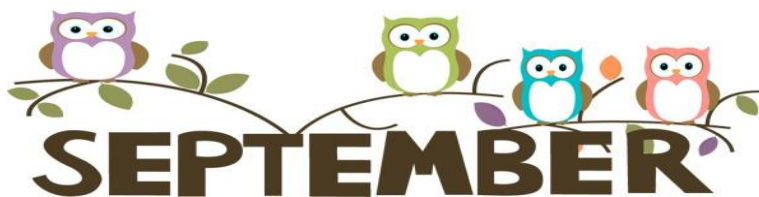


SCOTT SENIOR CENTER

60 & Better



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00	September is Prostate Health Awareness Month	1) National Women's Health & Fitness Day Line Dancing Exercise B-I-N-G-O-C-I-Z-E	2) EATING HEALTHY IN A SNAP NOURISH TO FLOURISH, SC MAKE - EASY BROCCOLI SALAD CHAIN REACTION	3) Cholesterol Trivia Pattern Memory Game BINGOCIZE	4) Chit-Chat, Chew Labor Day Word Search SEW FOR WHAT YOU KNOW	5) SEPTEMBER IS NATIONAL CHOLESTEROL EDUCATION MONTH
6) "Choose a job you love, and you will never have to work a day in your life." - Confucius	7) Happy Labor Day to all the hardworking men and women. CENTER CLOSED	8) Hand Stitching Squares Sit & Be Fit BINGOCIZE	9) Show & Tell Bring Your Teddy Bear to the Center NFL Season Begins (Wear Your Favorite Team Jersey) Color by Number	10) FIELD TRIP B-I-N-G-O Resorts of Beaufort Beaufort, SC	11) Grandparent's Day Coloring Nourish to Flourish, SC BINGO Nourish to Flourish, SC Topic: Malnutrition in Older Adults: Focus on Protein	12)
13) Happy Grandparent's Day!	14) Motown Monday Exercise BINGOCIZE Candy Jar Fall Craft	15) Eat 5 Coloring MediCare Fraud Awareness Presenter: DIESHA HICKS CHAIN REACTION	16) Cinnamon Raisin Bread Day BINGOCIZE Malnutrition Awareness Resource Distribution	17) FIELD TRIP Mix & Mingle at Burton Wells Wear Purple T-Shirt	18) FIELD TRIP Healing Spring Blackville, SC Wear PINK T-Shirt	19) fruits and vegetables EAT 5 A DAY for better health
20)	21) Autumn Think Fast Game BINGOCIZE Card & Board Games	22) FIELD TRIP WEAR PURPLE T-SHIRT	23) Presentation: Maintain Your Brain Alzheimer's Association Beaufort, SC BINGOCIZE	24) Color By Number On Your Own Jewelry Making Past & Present Game	25) Number Search SEW FOR WHAT YOU KNOW Walk with Ease	26) Autumn is a gentle reminder that changes can be beautiful!
September is Healthy Aging Month	28) Happy Birthday Marie Jenkins – 10 th Daisy Rivers – 12 th JoAnn Chaplin – 14 th Jennell Odom – 14 th Doris Middleton – 14 th Arabelle Fripp – 30 th BINGOCIZE	29) Eat 5 Word Search Beanbag TOSS Challenge Hand Stitching Squares	30) LOCAL FIELD TRIP CHAIR EXERCISE with TYRONE Lind Brown Center Wear BLUE for Prostate Health Awareness	Mary G. Bolles – Program Supervisor Scott Senior Center - Gloria Potts Community Center 130 Seaside Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 929 - 7149 ** EVENTS ARE SUBJECT TO CHANGE **		

SENIOR NOTES:

Fall Word Search

(Horizontal + vertical word searches)

Words to find:

- RAKE
- SCARECROW
- COLORS
- MUSHROOM
- PUMPKIN
- SEASON
- FALL
- LEAVES
- HARVEST
- HALLOWEEN
- ACORN
- JACKET
- TREES
- SPIDERS
- CHESTNUT
- SUNFLOWER
- THANKSGIVING
- BOOTS
- FOOTBALL
- SNAIL

F	M	Y	D	A	Y	P	K	S	R	S	G	S	H	D	H	V	Q	L	D	P	Ç
O	T	H	A	N	K	S	G	I	V	I	N	G	A	M	G	R	Y	D	P	J	P
O	L	F	S	M	S	S	I	I	D	N	R	X	L	Ç	W	U	J	N	J	J	Ç
T	Z	R	D	Z	S	Y	D	P	D	Y	K	R	L	Ç	H	E	S	T	N	U	T
B	A	C	O	R	N	Q	G	E	E	E	A	R	O	Ç	F	S	F	R	A	K	E
A	K	H	H	Z	G	Ç	I	L	F	A	L	L	W	C	K	C	T	E	W	V	P
L	T	Ç	S	Q	C	O	L	O	R	S	T	R	E	L	E	A	V	E	S	E	U
L	Q	G	E	L	P	Q	Q	T	S	P	I	D	E	R	S	R	Y	S	T	A	M
U	I	Ç	A	R	T	B	P	X	D	W	T	W	N	K	C	E	C	P	F	G	P
W	J	T	S	W	E	H	H	A	R	V	E	S	T	O	Z	C	O	N	I	Y	K
X	J	N	O	H	B	H	O	Y	Z	I	A	R	W	E	B	R	H	T	S	J	I
O	K	Z	N	F	H	L	D	T	L	M	U	S	H	R	O	O	M	P	I	A	N
W	D	L	C	Y	N	G	M	K	C	X	V	N	U	K	O	W	T	Z	R	C	B
H	U	R	C	D	B	D	P	Z	L	L	E	A	T	H	T	W	V	E	T	K	X
O	S	U	N	F	L	O	W	E	R	M	B	I	D	C	S	V	P	B	F	E	P
B	Z	K	M	S	Z	G	Z	I	E	R	Q	L	Z	M	K	E	L	A	H	T	T

