




St. Helena Island
Senior Center
60 & Better



2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Daily Activities</u> <u>Morning Meeting</u> 10:15am - 10:40am <u>Social hour/Activity</u> 11:00 – 12:00 <u>Group Dining</u> 12:00pm</p>	2	3  Arts and Crafts And Chair Exercises	4  Memory Slogan Games And Cornhole	5  Bingo and Card Games	6 Tablet Day and Board Games	7
8	9 Trip to Mitchellville in Hilton Head and Coastal Museum	10 Big Ball Relay and Water Cup Relay	11  Arts and Crafts and Painting	12  Bingo and Cornhole	13 Chair Exercises and Word Challenge on YouTube	14
15	16  Essential Shopping Dollar General Crossword Puzzle Challenge	17 Trip to Dale Center Bingo and Cornhole Tournament	18  AKA Bingo and Search the Scripture	19 Hat Day and 80's Sitcom Trivia	20 Chair Exercises and Community Talk	21
22	23 Lunch at Beaufort Waterfront Bag lunch and Potluck	24 Fresh Conversation "Cooking for 1 or 2" and Social Day	25 Share a Poem Day and Story Time	26 Tie Dye Kits (T- shirts or Bags) and Color by Number	27 Word Search and Slogan Trivia	28
29	30  Corn Hole and Hidden Picture Work Sheet	1	2	3	4	5
6	7	<p>Terry Dortch – Program Supervisor Hours: 8am – 4pm (Monday – Friday) ** Activities are subject to change **</p>				

