

# March

Dale Community Center  
60 & Better Program  
25 Community Center Rd.  
Seabrook, SC 29940  
843-255-6786

Hessley Ferguson Dunnell  
Program Supervisor  
843-986-4407

## 2026

**\*\*All activities are subject to change\*\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2  Scattergories	3 SPARKLIGHT Presentation DIY Sugar Scrub Seated Exercise	4 Medicare presentation with LoCog Board Games	5  Let's go for a walk! Activity Sheets	6 Jacksonville Farmer's Market	7 
8 	9 Movie Monday  St. Patrick's Day bracelet making	10  Gardening Corn Hole	11 Salvation Army food distribution	12  Silver Sneakers Exercise	13 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	14 
15 	16 Mix and Mingle with Bluffton Center	17 **Wear Green**  Seated Exercise Gardening	18 Fresh Conversations Macular Degeneration: Sight Saving Strategies Painting	19 Charleston Tea Garden	20  Birthday Celebration	21 
22 	23  Easter Mobile Craft	24 Bluffton Self Help  (Thrifting/Sam's)	25 Sit and Stay Fit with Ty at Lind Brown	26  Activity Sheets Gardening	27 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	28 
29 	30 Seated Exercise  Spring Mosaic Craft	31  Diamond Art Magnet	Happy Birthday Helen Mulligan 3/7 Cynthia Smalls 3/22		**Book Mobile** March 4 <sup>th</sup> at 11 a.m. March 18 <sup>th</sup> at 11 a.m.	