

Buckwalter Recreation Center
843-255-6710

Open M-F, 8am-8pm
Sat, 8am-4pm
Sun, 8am-4pm



Subscribe to our weekly emails!

To register, get prices, and see hours of operation

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THE JUNGLE BODY
with Ashley
Konga



GET MORE INFORMATION HERE ↗

Busy Women, It's Time to Unwind & Recharge at Ashley's Jungle Body Konga Classes! Long workdays? Stress piling up? Give yourself the break you deserve! While Taylor's out on maternity leave, Ashley's taking over and she's bringing a fresh twist! KONGA is a high-energy, low-complexity workout that fuses dance, boxing, cardio, and toning into one epic hour. No choreography skills needed—just bring your energy and let the rhythm guide you. Open to all fitness levels! It's fierce. It's fun. It's fitness, unleashed. You work hard—now it's time to play hard.

Thursdays at Buckwalter Rec Center | 6:15 PM - 7:15 PM | Recommended time of arrival: 6:00 PM

- ☐ Pay just \$8 at the front desk using cash, Visa, Discover, or Mastercard
- ☐ Sign Up & Save Time! Create a FREE RecDesk account with us for quick & easy payments—no hassle, no delays when you arrive the first time!
- ☐ Last class January 8, 2026

Adult Aerobics • Adult Baseball • **Adult Dance Classes** • **Adult Fitness Classes** • Adult Soccer • Adult Basketball
Adult Softball • Adult Water Aerobics • Adult Volleyball • Adult Kickball • Adult Swim Lessons • Adult Yoga Classes
Adult Tennis Lessons • American Red Cross Lifeguard, CPR & First Aid, Water Safety Instructor Classes • Scuba Certification
Weight Rooms • Room Rentals • Field, Court, Facility, Playground, and Pool Rentals • Indoor & Outdoor Basketball Courts
Tennis Courts • Pickleball Courts • Youth Basketball • Youth Baseball • Youth Softball • Youth Flag Football • Youth Lacrosse
Youth Soccer • Youth Martial Arts • Youth Cheerleading • Youth Swim Lessons • Youth Summer Camps • Special Events
Sponsorship Opportunities • Community Instructor Opportunities • Walking Paths and Tracks • Dog Parks • Skate Park
Referee & Official Training Opportunities • Slip & Splash Inflatable Obstacle Courses • Ninja Courses • Swim Teams
Indoor & Outdoor Pools • 60 & Better Senior Programs • Volunteer Coaching Opportunities • Employment Opportunities