

Scott Senior Center 60 & Better Program



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00	Mary G. Bolles – Program Supervisor Scott Senior Center - Gloria Potts Community Center 130 Seaside Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 929 – 7149 ** EVENTS ARE SUBJECT TO CHANGE **			 CHAMPION YOUR HEALTH: MAY 2026	 Past & Present Game Piñata Challenge	MAY IS NATIONAL ARTHRITIS AWARENESS MONTH.
3) May is Mental Health Awareness Month	4) Polka Dots Day Mental Health Word Search B-I-N-G-O-C-I-Z-E	5) Cinco de Mayo Day Wear your Sombrero CHAIR EXERCISE Beanbag Toss	6) WACKY WEDNESDAY Chain Reaction	7) 70's Throwback Thursday B-I-N-G-O-C-I-Z-E	8) Fresh Produce Distribution St. Helena Elementary 10 AM – 12 Noon Church Hat Day Brunch Fill the Hat Relay	9) Living on earth may be tough, but it includes a free ride around the sun every year. <small>Cool-Funny-Quotes.com</small>
10)	11) Arthritis Awareness Word Search Weights Exercise FAMILY FEUD	12) Mix & Mingle Booker T. Center visits Us for B-I-N-G-O-C-I-Z-E	13) FIELD TRIP Lowcountry Senior 101 Conference Family Worship Center Yemassee, SC	14) FIELD TRIP Franciscan Center Color by Number B-I-N-G-O-C-I-Z-E	15) Tissue Paper Flower Craft Nutrition Word Search FREE Fun-tastic Friday	16) Celebrate the Senior Nutrition Program 2026 · SERVING UP SOLUTIONS
17) Keep watering yourself. You're growing. <small>F. Burrows</small>	18) Nutrition Word Search Reach & Stretch B-I-N-G-O-C-I-Z-E	19) LOCAL FIELD TRIP Beaufort, SC	20) Memorial Day Word Search B-I-N-G-O-C-I-Z-E	21) Fresh Conversations Topic: Dairy Case Dilemma: Is it Really Milk? WALK WITH EASE Beanbag Toss	22) Pre-Memorial Day CookOut	23) LIFE DOESN'T COME WITH A MANUAL, IT COMES WITH A MOTHER
24) ALL GAVE SOME, SOME GAVE ALL	 Memorial Day CENTER CLOSED	26) Mental Memory Name Game Seniors Word Search B-I-N-G-O-C-I-Z-E	27) National Seniors Health & Fitness Day Adductor Squeeze Walking in Place Fitness Word Search	28) Fun Facts about Your Name Name Word Search B-I-N-G-O-C-I-Z-E	29) FREE Friday Color by Number Beanbag Toss	30) Old aged used to be in my head. Now it's in my joints too. <small>55pluscenter.com</small>
31)						

Mother's Day Word Search

M A M H O M O I C A R N C N G
 A P A R E N T A A C O S H N E
 S A L N A T H A R F A M I L Y
 T R E O N G S T D M A T L O O
 C H I L V D R E F L I L D A Y
 E H O L D I A Y S E A S R T E
 K C A L N D N G F L O W E R S
 E T R Y I N S G L E C Y N Y M
 B M O A F D M I W O A E R S O
 R I O E Y O A N S R R F L O T
 O T A M O A Y Y L E I W M B H
 T H Y E A R C R A V N E A R E
 E R A M O T C H I L G R Y A R
 C E L E B R A T E M O Y J E R
 A F I A M I L I S T M O N T S



CARD
 CARING
 CELEBRATE
 CHILDREN
 FAMILY
 FLOWERS

HOLIDAY
 LOVING
 MAY
 MOM
 MOTHER
 PARENT



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