

January

2026

Bluffton / Hilton Head Senior Center

60 and Better Program





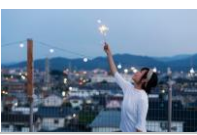





"For last year's words belong to last year's language
And next year's words await another voice.
And to make an end is to make a beginning."

T.S Eliot

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Bluffton / Hilton Head Senior Program Supervisor

Highlighted = Outing



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Closed	2 Theater Day Movie + Games	3 
4 	5 Lauren Shape Up (Yoga) & Bingo	6 Burton Wells Mix & Mingle (Burton)	7 Bingo + Camp AME Church (Produce)	8 Sprenger Health Care (Arts & Crafts) Bluffton	9 Senior Shopping Day (Thrift Shops)	10 
11 	12 Lauren Shape Up (Pilates) & Bingo	13 Sprenger Health Care (Exercise & Lunch) Bluffton	14 Sprenger Health Care (Port Royal) Lunch + Activity	15 Arts & Craft Senior Edition	16 Senior Outing (Lunch + Shopping)	17 
18 	19 Closed	20 Tablet Training Senior Edition + Senior Health Check	21 Bingo + Camp AME Church (Produce)	22 May-river Landing Presentation Coffee & Donuts	23 SC State Museum Columbia	24 
25 	26 Port Royal Mix And Mingle (Port Royal)	27 Bluffton Self Help + Cards	28 Bingo + Camp AME Church (Produce)	29 Saint Helena Terry (Center) Mix & Mingle	30 Birthday Games	31 

Events are Subject to Change (Weather P)