

December

2025

Bluffton Senior Center

60's and Better Program

"Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas." – Calvin Coolidge

Tillotson Gadsden

Bluffton Senior Program Supervisor

Work Cell (843) 929-7162

Highlighted = Outing



6Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lauren Shape Up(Yoga) & Bingo	2 Fresh Conversation Diabetes: Don't Sugarcoat it	3 Bingo + Camp. Church (Veg)	4 Arts & Crafts (X-Mas Edition)	5 Savannah Day Trip (Outing)	6 
7 	8 Bible Study (Pastor Sarah) + Bingo	9 Sprenger Health Care (Exercise & Lunch)	10 Sprenger Health Care (Port Royal) Lunch+Activity	11 Rollen Raw Grains (Rice Tour) Hardeeville, SC	12 Games Day Cornhole & Puzzles	13 
14 	15 Technology Day "Tablet Training"	16 Beaufort Memorial Health Check + Bingo	17 Bingo + Camp. Church (Veg)	18 Arts & Craft Senior Edition	19 Senior Outing (Lunch + Shopping)	20 
21 	22 Lauren Shape Up(Pilates) & Bingo	23 Bluffton / Hilton Head Christmas Party	24 Closed	25 Closed	26 Closed	27 
28 	29 Zumba + Bingo	30 Bluffton Self Help + Cards	31 Bingo + Camp. Church (Veg)			

*Events are Subject to Change (Weather Permitted)