

60 & Better
St. Helena Senior Center
843-541-1536

January

Terry Dortch – Program Supervisor
Hours: 8AM – 4PM (Mon – Fri)
Activities are subject to change

| 2026 | | | | | | |
|--|--|---|--|---|--|-----|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Senior note: Please remember to sign attendance and meal reservation sheets | | | | 1 CLOSED Happy New Year! | 2 Tablet Day & Essential Shopping | 3 |
| 4 | 5 Memory Trivia & Describe the word | 6  Crazy Hat Day Family Feud & Card games | 7 Bingo & Show and Tell | 8 Treasure Hunt & Chair Exercise  | 9 Card games & Tablet Day  | 10 |
| 11 | 12  Crazy Socks Day Coloring Contest & Describe the word | 13 Healing Waters @ Blackville SC & Lunch in Hampton | 14 Bingo & Word Trivia | 15 Pity Pat Tournament & Checkers Supervisor Birthday | 16 Card games & Board games | 17 |
| 18 | 19  MARTIN LUTHER KING DAY Closed | 20 Fresh Conversation "Inflammation" Winter White Tea Celebration | 21 AKA Bingo & Heritage Stories  | 22 Bowling Alley @ Bluffton and Lunch | 23 Tablet Day & Pity Pat Tournament | 24 |
| 25 | 26  Treasure Hunt & Bean Bag Toss | 27 Brain Teaser & Slogan Trivia | 28 Bingo & Card games | 29 Moment in History & Crossword puzzle race | 30 Name the word & Essential Shopping | 31 |