

PORT ROYAL SENIOR CENTER

60 & BETTER

SEPTEMBER 2024



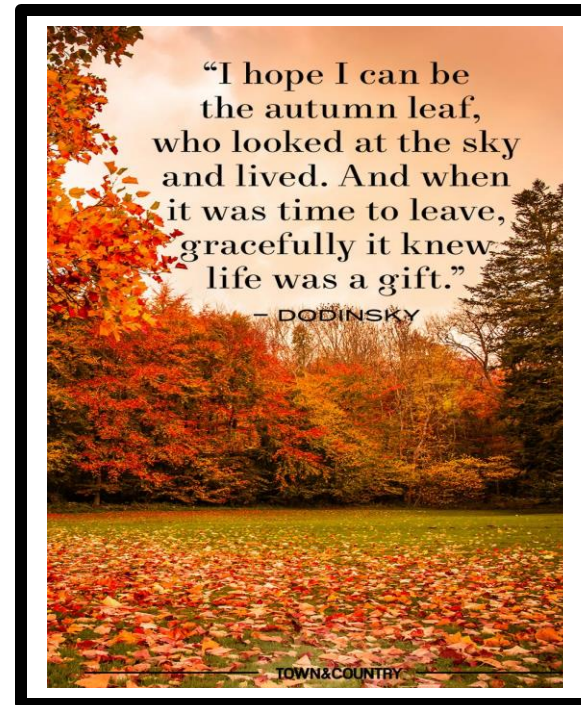
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1)  National Preparedness Month September	 HAPPY LABOR DAY	3) LCOG w/ Ashley Grace Over Lunch B-I-N-G-O 	4) Field Trip Max in Orangeburg 	5) Local Trip Farmer's Market & Gullah Grab	6) Local Trip Port Royal Library 	7)  SEPTEMBER IS SUICIDE PREVENTION MONTH GUIDEINC.ORG
8)  HAPPY GRANDPARENTS DAY!	9) Local Trip Praise Assembly Program Fellowship Meal 	10) Class with Lisa B-I-N-G-O 	11) Field Trip A Day in Charleston Marketplace & Golden Corral	12) Sprenger Corn Hole Competition	13) PR Fire Dept BP check Musical Chairs	14)  September is Healthy Aging Month
15)  NATIONAL HISPANIC HERITAGE MONTH September 15 to October 15	16) Class with Lisa B-I-N-G-O 	17) Crafts & Coffee 	18) Self-care Awareness & Crafts	19) Field Trip Lemon Island Marina & Lunch	20) Trivia Games 	21)  WORLD gratitude DAY September, 21th
22)  Gratitude unlocks the fullness of life. It turns what we have into enough, and more. -Melody Beattie	23) Teal Talk Line Dancing First Day of Fall! 	24) Field Trip Fresh Express Bluffton & Shopping 	25) Cooking for 1 or 2! B-I-N-G-O 	26) Sprenger Breakfast for Lunch 	27) Birthday Celebration 	28)  September Prostate Cancer Awareness Month
29)  SEPTEMBER IS SELF-CARE AWARENESS MONTH	30) Field Trip Station 300  Let's Go Bowling	<p>What breaks but never falls, and falls but never breaks?</p> <p>Night falls and day breaks</p>		<p>Anastasia Jenkins-Garvin 1514 Richmond Ave Port Royal SC 29935 Phone: (843) 592-6077 ** EVENTS ARE SUBJECT TO CHANGE **</p>		

Autumn Word Search

Word List

Chilly	Apple	Pumpkin Pie	Yellow
Football	Cranberry	Rake	Red
Gourd	Crisp	Acorn	Brown
Hayride	Maize	Orange	

W U F X D N L L A B T O O F Y Y Y G R O
M S A A W W R T U Z L C W C P Y O K X Q
W U C E O O P B P R H W S G R U Q E I H
U K O I L R B P A A Z F K A R C D P H C
I Y R N L B A O Z P X Q G D N I Q A B C
Q S N X E T E F I D B I B M R T O G H P
Q C S A Y T H W J O Z T O Y T Z Y I A R
P K C U I P E Y B B R H A C S D L V C R
V A P Y I D F G O O Y H F R Z L D Y R T
A W V B F T P Z L G P I T A Y T E L I M
S I A G H E G S E M Z H A N W I R B S T
P U M P K I N P I E K B L B B S P L P B
F G H H Q Z D K R J T J T E K L V Z C T
Y I B G P L W D M A B E Q R J H O C E G
C F J B Q F S C G O R E O R Y O M P A O
J T U S T H E M A I Z E G Y F C E Q O J
U W J P D U J N W G H A P N M K H L U U
V Q R S W X B O O E K A R I A A P P L E
B V X B P Q C O Y V P Y E M J R T O T N
R Z W T Q I T D U D Q K N C M K O G A Q



“I hope I can be
the autumn leaf,
who looked at the sky
and lived. And when
it was time to leave,
gracefully it knew
life was a gift.”

— DOBINSKY

TOWN&COUNTRY



Autumn Tongue Twisters

**Lovely leaves lightly
land on the lightly
landed lovely leaves**

I thought a thought, but the thought I
thought wasn't the thought I thought I
thought. If the thought, I thought, had
been the thought I thought, I wouldn't
have thought so much!

**The big black bug bit the big black
bear, but the big black bear bit the
big black bug back!**