

SCOTT SENIOR CENTER

60 & Better



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00	Mary G. Bolles – Program Supervisor Scott Senior Center - Gloria Potts Community Center 130 Seaside Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 929 - 7149					1)
2) Age is an issue of mind over matter. If you don't mind, it doesn't matter. Mark Twain	3) Motown Monday Exercise Immunization Word Search Card & Board Games	4) Nutrition Education Workshop NUTRITION WORD SEARCH BEANBAG TOSS	5) Back to School Word Search BINGOCIZE	6) National Root Beer Float Day Adult Coloring Roll Card Game	7) Are You Smarter Than a Six Grader? Wear Class Reunion T-Shirt BINGOCIZE	8)
9)	10) Alphabet Soup Word Search St. Helena Fire Dept. Blood Pressure BINGOCIZE	11) FIELD TRIP Bluffton Gullah Culture Heritage Center Bluffton, SC Wear GOLD T-Shirt	12) All About Me Poster Scavenger Hunt Chain Reaction	13) Adult Coloring Left-Handers Day BINGOCIZE	14) FIELD TRIP Energy Evolution St. Helena Island Lunch @ Seaside Bar & Grill	15) August 21 st is Senior Citizens Day
16)	17) LOCAL FIELD TRIP National Thrift Store Shopping Day Beaufort, SC WEAR PURPLE T-SHIRTS	18) Food Delivery Driver Appreciation Day Thank You Word Search BINGOCIZE	19) FIELD TRIP Tuten's Meat Market Hampton, SC WEAR PINK T-SHIRTS	20) FIELD TRIP Scott Center Mix & Mingle with Bluffton Center	21) How Many Words Can You Make from "SENIOR CITIZENS" World Senior Citizens Day Walk BINGOCIZE	22)
23)	24) Reach & Stretch Immunization Word Search 	25) Name that Tune Parts of the Eye Word Search Big Ball Relay	26) Back to School Word Scramble BINGOCIZE Chair Exercise	27) National Trail Mix Day Senior Care Word Search	28) Harriet Chaplin – 1 st Bertha White – 13 th Betty White – 23 rd Margie Miller – 27 th BINGOCIZE	29)
	31) Nourish to Flourish SC Topic: Water You Waiting For? A Guide to Summer Hydration BEANBAG TOSS					

BACK TO SCHOOL

WORD SEARCH

B A S J S S U A J C L A S S U C N Y
 D J U K S X W X G Y U L N K N L C F
 E S O Y Q A N C J U U V C J R E U G
 L O C T O J C Y C D Q O V L Y S P L
 B U V O T J R Q N F Z Q Q X U L F S
 G N N X T Y R U X S U P P L I E S C H
 N K H C D E O E Q Q T B H C K C R H
 V U B V H R M F O S W I N X U R Y O
 R I X C G B I R C O R E K G U A B O L
 P T A Y O C O G P E P C X S A Y Q L
 R E A A Z G N X P N O T E B O O K N
 T L Q X C N O A J L T X B M Z N A K
 P Y B A C K P A C K X F E R A S E R
 E Y K S B F R M W D J R H Z B D L E
 C D N I U D R E J B L I L Z N S S V
 B V E R S A N Z C K B E S W X W V Z
 Y P F S L N K A I E Z N A N Z Q Y C
 T U K A K Y X F L U S D S R I R D C
 Z V S J C R Y I U I H S I R N O I N
 U C G B E C O M P U T E R T F D Y U

ALARM CLOCK
 BACKPACK
 BOOKS
 BUS
 CLASS

COMPUTER
 CRAYONS
 DESK
 ERASER
 FRIENDS

LEARN
 LUNCH BOX
 NOTEBOOK
 PAPER
 PENCIL

PLAYGROUND
 RECESS
 SCHOOL
 SUPPLIES
 TEACHER



Getting older has
 some benefits...
 Call it a
 "Senior Moment"
 and you can get
 away with pretty
 much anything!



Not just for kids...

OLDER ADULTS need vaccines too



Shots don't stop with childhood
 Older adults are at risk for infectious
 diseases and can easily spread
 them as immune systems weaken
 with age

Vaccines prevent deadly diseases

Annually, an average of
 49,000 people die of flu and
 its complications, the majority
 are among adults (CDC)

