

August

BURTON WELL SENIOR PROGRAM

DONDRETT POPE

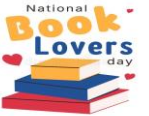
1 MIDDLETON RECREATIONAL DR.

843-441-6804 **ACTIVITIES AND/OR TRIPS ARE SUBJECT TO CHANGE!!!

2026

AUGUST 21, NATIONAL SENIOR CITIZENS DAY

NATIONAL WELLNESS MONTH ...BACK TO SCHOOL MONTH...BLACK BUSINESS MONTH...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 	3 CHAIR EXERCISE	4 GAME DAY 	5 USCB FOOD BANK	6 Hampton-Meat Market/Lunch	7 GARDENING DAY!!! PURPLE HEART DAY	8
9 	10 WORD SEARCH 	11 	12 	13 Guest Speaker	14 Barefoot Market/lunch @ BEEDOS	15 
16	17 NOURISH 2 FLOURISH SOUTH CAROLINA & SOCIALIZE	18 Walterboro & Lunch	19 	20 CHAIR EXERCISE	21 Charleston Hamrock shopping	22
23	24 COLOR SHEETS 	25 BLUFFTON SELF HELP	26 CHAIR EXERCISE @LIND BROWN WITH" TY"	27 BOUTIQUING @ Bluffton / Lunch	28 BIRTHDAY CELEBRATIONS !!!	29
30	31 					

AUGUST BIRTHDAYS

*ANN BROWN 8/11 * ANNETTE CHAPLIN 8/17, NANCY WASHINGTON 8/23