

60 & Better
St. Helena Senior Center
843-541-1536



Terry Dortch – Program Supervisor
Hours: 8AM – 4PM (Mon – Fri)
Activities are subject to change

2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Wellness Month August		 WORLD SENIOR CITIZEN'S DAY AUGUST-21		AUGUST 26 WOMEN'S EQUALITY DAY 		1
2	3 Bingocize & Cornhole 	4 Ax Throwing & Name That Tune 	5 Bingocize & Guest Speaker	6 Nourish to Flourish "Water You Waiting For? A Guide to Summer Hydration" & Painting	7 Thrift store shopping and lunch @ Bluffton	8
9	10 Bingocize & Card Games	11 Treasure Hunt & Tell a Joke Day <i>Mix-Match Day</i>	12 Bingocize & Word Trivia	13 Cornhole & Word Search Race 	14 Cash & Carry/Roses & Lunch at Ole Time Buffet @ Walterboro	15
16	17 Bingocize & Board Games 	18 Pity Pat Tournament & Cornhole & Describe the Word	19 Bingocize & Family Feud <i>Crazy Socks Day</i>	20 Mall and Lunch @ Savannah	21 Essential Shopping & Tablet Day	22
23	24 Bingocize & Cornhole 	25 Mall/Tanger/Sam's @ Charleston	26 Bingocize & Trivia Pursuit	27 Word Trivia & Card Games <i>Crazy Hat Day</i>	28 Essential Shopping & Tablet Day	29
30	31 Bingocize & Family Feud	Senior note: Please remember to sign attendance and meal reservation sheets				