

October

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Booker T Washington Senior Center	Program Supervisor Sandra Stanfield 843-605-3422	*All Activities Subject to Change	Bingo Seated Exercises	Columbia, SC Farmers Market	
	Bingo Scattergories	Sparklight Presentation Tabletop games	Savannah's River Street with lunch at the Pirate House	Bingo Sharing presentations	Free Friday; Board games, Puzzles, Activity Sheets...	
	Bingo Uno	Nourish to Flourish SC Focus on Oral Health Dominoes	Salvation Army Food Distribution	Bingo Seabrook Distribution	Silver Sneakers Painting with watercolors	
	Bingo Seated Yoga Tabletop games	Senior Day North Charleston	Sit and Stay Fit with Ty	Bingo Dominoes	Free Friday; Board games, Puzzles, Activity Sheets...	
	Bingo Seated Exercises Sharing Presentations	Fresh Express Bluffton	Penn Center Tour	Bingo Silver Sneakers	St Peters Catholic Church Tour 10:30 AM 710 Carteret st Theresa Vol. Coordinator	