

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Mix -N- Mingle Buckwalter	4 OASIS @ 9 Cinemark	5 Diamond Art Social Hour Chair Exercise w/Ty	6 Shopping in Walterboro	7 BINGO!	8
9	10 Chair Exercise Praise Assembly lv @ 11:15	11 OASIS @ 9 Nutrition Workshop @1230	12 Family Fued Trivia	13 DIY T Shirt Ceramic Dessert Painting	14 BINGO!	15
16	17Window-Stained Art Chair Yoga YouTube Version	18 OASIS @ 9 Paint by Number	19 Grace Over Lunch	20 St. Francis Food Bank Thrift Shopping	21 Presentation on Depression & Anxiety in Senior Citizens @ 1030	22
23	24Nourish to Flourish Water You Waiting For? A Guide to Summer Hydration Social Hour	25 Movie Day Bring Your Favorite Snack	26 Top Golf Charleston, SC Price TBA	27 Wood Coaster Art	28 BINGO! Line Dancing w/ Ms. Vernell	29
30	31 Move Your Body Monday Make a Healthy Snack					

Charles "Lind" Brown
1001 Hamar Street
Beaufort, SC 29902

DeAnna Abner
Recreation Leader II
(843) 812-6196

Birthdays:
DeAnna - 3rd
Ms. Frances - 8th
Ms. Marina E. - 17th
Birthday Celebration - 21st
***All trips are subject to
change.**