

Charles "Lind" Brown Recreation Center
843-255-6797

Open M-F, 11am-7pm
Sat, 8am-4pm



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Building Confident, Strong, & Successful Young Women!

Empower Her 2Be (EH2B) is more than just a mentoring program—it's a movement designed to uplift, educate, and inspire young ladies ages 12-18. At EH2B, we create a safe space where young women learn, grow, and thrive—because confidence is the key to success! Through mentorship, real conversations, and hands-on experiences, we help young women navigate:

- ☐ Education & Achievement
- ☐ Confidence & Self-Worth
- ☐ Friendships & Family Relationships
- ☐ Bullying Prevention & Personal Safety
- ☐ Healthy Choices – Hygiene, Etiquette & Wellness
- ☐ The Risks of Drugs & Alcohol
- ☐ Decision-Making & Self-Respect

Every girl deserves to feel empowered. Join us & be part of something life-changing!

Adult Aerobics • Adult Baseball • Adult Dance Classes • Adult Fitness Classes • Adult Soccer • Adult Basketball
Adult Softball • Adult Water Aerobics • Adult Volleyball • Adult Kickball • Adult Swim Lessons • Adult Yoga Classes
Adult Tennis Lessons • American Red Cross Lifeguard, CPR & First Aid, Water Safety Instructor Classes • Scuba Certification
Weight Rooms • Room Rentals • Field, Court, Facility, Playground, and Pool Rentals • Indoor & Outdoor Basketball Courts
Tennis Courts • Pickleball Courts • Youth Basketball • Youth Baseball • Youth Softball • Youth Flag Football • Youth Lacrosse
Youth Soccer • Youth Martial Arts • Youth Cheerleading • Youth Swim Lessons • Youth Summer Camps • Special Events
Sponsorship Opportunities • Community Instructor Opportunities • Walking Paths and Tracks • Dog Parks • Skate Park
Referee & Official Training Opportunities • Slip & Splash Inflatable Obstacle Courses • Ninja Courses • Swim Teams
Indoor & Outdoor Pools • 60 & Better Senior Programs • Volunteer Coaching Opportunities • Employment Opportunities