

August

Dale Community Center
60 & Better Program
25 Community Center Rd.
Seabrook, SC 29940
843-255-6786

Hessley Ferguson Dunnell
Rec Leader II
843-986-4407

2026

****All activities are subject to change****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY/BIRTHDAY! Amie- 8/18 Debra- 8/23						1
2	3 Nourish to Flourish: Water you waiting for? A guide to summer hydration.	4  Corn Hole	5 Bluffton Self Help (10:30 am) Lunch at Cracker Barrel	6  Sunflower Wreath	7 Free Friday: Sewing? Puzzles? Board games? Coloring? YOU CHOOSE	8
9	10  Watercolor Painting	11 Schuler Farms (blackberry and peach picking)	12 Salvation Army Food Distribution (9:30) Book Mobile (11:00) Diamond Art	13  Seated Yoga	14 Food distribution at St. Helena Elementary (9 am)	15
16	17 Silver Sneakers Exercise Foam Art Craft Board Games	18  Nutrition Workshop	19 Sit and Stay Fit with Ty Sunflower Wreath	20  Scattergories	21 Shopping at Beaufort Station (10 am) Lunch	22
23	24  Watermelon Craft	25 Bluffton Self Help (9:30) Shopping and lunch at Sam's	26  Book Mobile (11:00)	27 Door mat craft Activity sheet	28 Birthday Celebration Free Friday	29
30	31  Paint By Numbers		Book Mobile: August 12 th and August 26 th			